



October 2023

CAMBRIDGE AREA SENIOR RESOURCE NETWORK (CASRN) DIRECTORY

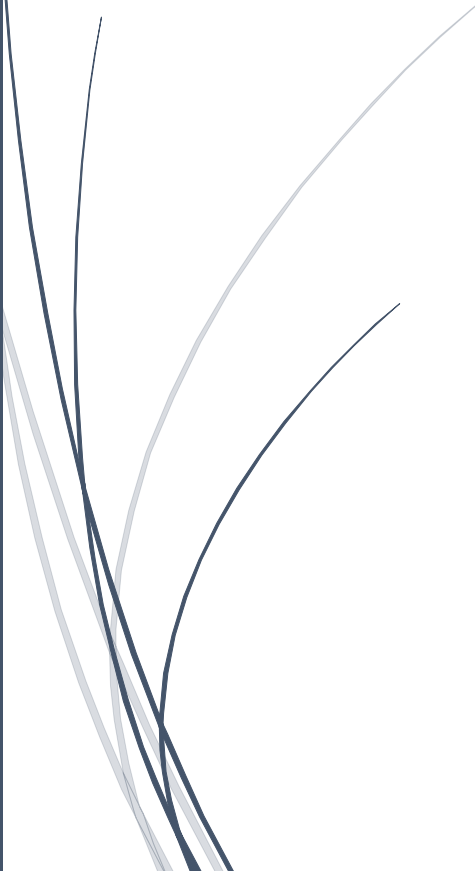


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Senior Meals and Nutrition

○ **Cambridge Senior Lunch with Friends (aka Senior Lunch)**

- **Services**

Provided by McFarland Senior Outreach Services. Seniors (age 60+) meet to socialize and have a nutritious lunch on a donation basis. Programs, activities, and information about health, resources, and nutrition often accompany the meal. The program coordinates home delivered meals to the homebound. Transportation is available for Dane County Residents. Lunches are available for both Jefferson and Dane County Residents.

- **Hours**

Tuesday and Friday: Noon

- **Location**

Amundson Center located at 200 Spring St., Cambridge

- **Phone Number**

(608) 838-7117

- **Cost**

\$4.50 suggested donation

- **Menu**

Menus for the week are published in the Cambridge News

- **Reservations**

Required 2 business days in advance

- **Website**

<https://www.mcfarland.wi.us/242/Senior-Outreach>

○ **Home Delivered Meals**

- **Services**

Run by local volunteers

- **Hours**

Monday – Friday: 11:30 am to 12:30 pm, including holidays except Christmas

- **Phone Number**

Call Marlene Hussey at (608) 423-3773

- **Cost**

The cost is \$6.00/meal

○ **Community Café**

- **Service**

Monthly Community Dinner sponsored by the Cambridge Activities Program (CAP). The meal is free and open to all who live and work in the Cambridge Area. Every month the Cafe is hosted by a different local organization, church, or group. CAP is continually looking for host groups. The mission of the meal is to build community through friendship, family, and fellowship while enjoying delicious food! No transportation available.

- **Hours**

1st Thursday of every month: 5:30 pm to 6:30 pm

- **Location**

Check website, Facebook page or Cambridge Newspaper. Typically, the meals are located at the Cambridge High School Commons, 403 Blue Jay Way. Meals in the summer are typically located at Ripley Par, N4310 Park Road.

- **Phone Number**

(608) 423-8142

- **Cost**

Free for all Cambridge Area Residents in Dane and Jefferson Counties

- **Registration**

Not required.

- **Website**

<https://cambridgecap.net/programs/nutrition/community-cafe/>

- **Facebook Page**

<https://www.facebook.com/CambridgeCommunityCafe/>

○ **Cambridge Community Activities Program (CAP) Senior Luncheons**

- **Service**

CAP Senior Luncheons provides through the Actively Aging Program for Cambridge Area Residents aged 55 or older.

- **CAP Office Location**

Cambridge District Offices at the High School, 403 Blue Jay Way, Cambridge

- **Hours**

Second Wednesday of the month: 12 pm to 2pm, Doors Open at 11:30

- **Location**

Varies throughout the community. Call, check website, Facebook or newspaper for location. Get on CAPs mailing list to receive monthly dates and location.

- **Phone Number**

(608) 423-8108

- **Email**

cap@cambridge.k12.wi.us

- **Cost**

\$5.00 per luncheon. Fee includes lunch and entertainment

- **Reservations**

RSVPs REQUIRED one week prior to the luncheon

Contact: Kerry at (608) 423-8142 or at foodpantry@cambridge.k12.wi.us

- **Website**

<https://cambridgecap.net/programs/adult-activities/senior-luncheons/>

- **Facebook Page**

<https://www.facebook.com/CambridgeCommunityActivitiesProgram/>

○ **Deerfield Community Center Meals and Senior Gatherings/Activities**

• **Service**

A light to-go lunch and activities for seniors through the Deerfield Community Center. Cambridge citizens may attend. However, if programs fill, preferential treatment is given to Deerfield Residents

• **Hours**

- Tuesdays: Bingo from 10 am to Noon, To Go Lunches available at Noon
- Wednesdays: Cribbage, Coffee and Pastries from 9 am to Noon, No meal
- Thursdays: Euchre from 10 am to Noon, To Go Lunches available at noon

• **Location**

Deerfield Community Center 10 Liberty St, Deerfield,

• **Phone Number**

(608) 764-5935

• **Email**

julie.schwenn@dccenter.org

• **Cost**

\$5 Suggested Donation

• **Reservations**

Call to reserve a spot

• **Website**

<http://www.dccenter.org/>

○ **Jefferson County Aging & Disability Resource Center (ADRC)**

- **Service**

These programs are available to all persons in Jefferson County age 60+ regardless of health status or income; however, to get meals delivered to your home, the individual must have an assessed need and agree to a telephone or an in-home assessment.

- **Home Delivered Meals**

If you are homebound and unable to attend a dining center, the Aging & Disability Resource Center of Jefferson County (ADRC) has home delivered meal routes that may offer an alternative way to receive a meal. An assessment for eligibility is necessary before meals can be provided. Please call the ADRC at (920) 674-8134 or 1 (866) 740-2372 for more information.

- **Dining Centers**

Fort Atkinson

- **Hours**

In person dining Monday Through Friday: 11:30 am

Home delivered meals served Monday through Friday outside of Fort Atkinson City Limits including Cambridge

- **Location**

Fort Atkinson Senior Center, 307 Robert Street, Fort Atkinson

- **Phone Number**

(920) 728-4756

- **Reservations**

Reservations are required by 11 am one day in advance.

Jefferson

- **Hours**

In person dining Monday Through Friday: 11:30 am.

- **Location**

Jefferson Senior Center, 859 Collins Road, Jefferson

- **Phone Number**

(920) 728-0259

- **Reservations**

Reservations are required by 11 am one day in advance.

Lake Mills

- **Hours**

Home delivered meals served Monday through Friday.

- **Location**

Lake Mills Municipal Building. 200 Water Street, Lake Mills

- **Phone Number**

(920) 728-6982

- **Reservations**

Reservations are required by 11 am one day in advance.

- **Menu**

Visit the Jefferson County ADRC website for monthly menus.

- **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/senior_dining_and_home_delivered_meals.php

Senior Enrichment & Recreation (Self Care & Activities)

○ **Cambridge Community Activities Program (CAP)**

- **Services**

Cambridge area residents age 55 or better! Join the CAP for one of our fantastic senior citizen programs. You won't want to miss this opportunity. Visit the website for upcoming activities. Classes for all ages are also available! Check out the website for a list of all classes!

- **CAP Office Location**

Cambridge District Offices at the Cambridge High School, 403 Blue Jay Way, Cambridge

- **CAP Office Phone Number**

(608) 423-8108

- **Email**

cap@cambridge.k12.wi.us

- **Website**

For Adult enrichment:

<https://cambridgecap.net/programs/adult-activities/adult-enrichment/>

General Website for finding various actives:

<https://cambridgecap.net/programs/adult-activities/adult-athletics/>

- **Facebook Page**

<https://www.facebook.com/CambridgeCommunityActivitiesProgram/>

Swim Activities

- **Activity**

Aqua Zumba, Aquacize and Fit After 50, Open Swim and lap swim times available on Website

- **Location**

Cambridge Elementary School at 802 W Water St, Cambridge

- **Hours**

Variable, refer to website

- **Cost**

Variable, refer to website

- **Website**

<https://cambridgecap.net/programs/aquatics/>

○ Cambridge Community Activities Program (CAP) (Continued)

Active Adults Open Gym

- **Activity**

A great chance to stretch and strengthen your muscles! Chairs will be available for balance and for those who prefer to do exercises sitting down. This class will provide you with cardiovascular exercise, increased flexibility and coordination as well as provide a positive social environment.

- **Hours**

Monday, Wednesday, and Friday: 9 am to 9:45 am

- **Location**

Nikolay Middle School Historical Gym at 211 South St, Cambridge

- **Cost**

Free

- **Website**

<https://cambridgecap.net/programs/adult-activities/adult-enrichment/>

○ Cambridge Community Library

- **Services**

- Book and other material checkout
- Computers and wireless service
- Photocopies and printing
- Fax services
- Purchase postage stamps, earbuds and flash drives
- Free recycling of batteries, cell phones, small electronics and ink cartridges
- Online databases
- OverDrive Read (Libby) – a browser-based eBook reader that works on most computers, tablets, and mobile devices running web browsers with HTML5 support.
- Online Resources including Ancestry Library Edition, Badgerlink Wisconsin's Online Library, Consumer Reports, Literature Resource Center (info on authors and their works), Transparent Language (learn over 100 foreign languages), PBS At Home Learning, links to online historical/cultural resources.
- And so much more! Stop in at the library or check their website for other information available

○ **Cambridge Community Library (Continued)**

- **Hours**
Monday, Tuesday, Wednesday: 10 am – 6 pm
Thursday: Noon – 8 pm
Friday: 10 am to 5 pm
Saturday: 9 am to Noon
- **Location**
101 Spring Water Alley, Cambridge
- **Phone Number**
(608) 423-3900
- **Email**
camlibmail@gmail.com
- **Website**
<https://www.cambridgelib.org/>

Creativebug Online Video Classes

- **Activities**
Unlimited access to thousands of online art & craft video classes, New classes released every day from recognized creative experts, Downloadable patterns, templates and recipes, Access to Creativebug community galleries and forums
- **Cost**
Free with Library Card
- **Website**
<https://www.creativebug.com/lib/cambridgelib>

○ Friends of the Cambridge Community Library

Monday Evening Book Group

New members are welcome to the group at any time. There is no pressure to attend every session—come when you can. Upcoming Monday Book Club Titles can be found on the website.

- **Hours**
2nd Monday of each month: 6:30 pm
- **Location**
Cambridge Community Library - 101 Spring Water Alley, Cambridge
- **Phone Number**
(608) 423-3900
- **Cost**
Free
- **Website**
<https://cambridgelibraryfriends.org/book-club/>

Wednesday Evening Book Group – known as “The Ladies Rhythm and Movement Society”

The group limits its members to 12. You may add your name to a waiting list at the Library Circulation Desk

- **Hours**
3rd Wednesday of each month: 7:00 pm
- **Location**
Meets in the home of its members
- **Phone Number**
(608) 423-3900
- **Cost**
Free
- **Website**
<https://cambridgelibraryfriends.org/book-club/>

○ **Koshkonong Prairie Historical Society**

- **Services**

Programs for historical/genealogy information Koshkonong Prairie Historical Society focuses on the history of the Norwegian and early English Immigrants to the Koshkonong Prairie in Wisconsin. KPHS's collection highlights key figures, traditional artwork, and history on the settlement. It also provides genealogical work. KPHS is dedicated to preserving and sharing the history of the people, churches, businesses, schools, and other places on the Koshkonong Prairie.

- **Hours**

Email or call society or check website for upcoming tours

- **Location**

213 South Street Cambridge

- **Email**

koshkonongprairie@gmail.com

- **Cost**

Admission is free

- **Memberships**

Starts at \$15, membership form is available online

- **Volunteer**

Volunteers are always needed and appreciated. If you would like to volunteer, please contact the society by phone or email.

- **Website**

<http://www.koshkonongprairie.org/>

○ **Cambridge Historical School Foundation Museum**

- **Services**

Tour the building filled with beautiful and nostalgic displays all arranged in pleasing and coordinating layouts. Each exhibit tells a different story from a time gone by. As you view our displays, revel in the nostalgia of the Old School Room; become a world traveler in the Asian/African Display; pay tribute to our Military Personnel at the Veterans Exhibit; and stroll down the streets of yesterday from Cambridge, Rockdale, London, and Lake Ripley. Special groups can be arranged with a local curator.

- **Hours**

June Through September, Saturday: 10:00 am – 3:00 pm

- **Location**

213 South Street Cambridge

- **Phone Number**

(608) 423-2630

- **Cost**

Admission is free

- **Memberships**

Starts at \$10

- **Volunteer**

Volunteers are always needed and appreciated. If you would like to volunteer, please contact the society by phone or email.

- **Website**

<https://www.cambridgehistoricmuseum.org/>

○ **Cambridge Arts Council**

- **Services**

Programming and events available to everyone and include:

- Wine and Art Nights
- Summer Concert Series
- Pop up Galleries
- Earth, Wood & Fire Fall Tour
- Midwest Fire Fest

- **Email**

cambridgewiarts@gmail.com

- **Website**

<http://cambridgewiarts.org/>

- **Facebook Page**

<https://www.facebook.com/CambridgeArts>

- **Sign up to get news and updates on events**

https://visitor.r20.constantcontact.com/manage/optin?v=0013doHsFtdBFsJ16rcxrdX4s8gyZio9-pKgGgBJzCvWa3dINe_sBMqUk0PukFtdxzwjgZF_KTZpJDo_pqtJBPLJQ8NUOVAMIEvFX-sW7o6Tjk7wR_UD321jA%3D%3D

○ **Fort Atkinson Senior Activity Center**

- **Services**

As part of the Fort Atkinson Parks & Recreation, the Fort Atkinson Senior Activity provides social, nutritional, instructional and leisure activities and opportunities.

- **Senior Activity Center includes:**

- Fitness room
- Computer room
- Craft room
- Game room
- Commons area

- **Instructional Programs include:**

- Painting
- Knitting
- Crochet groups
- Quilting
- Computers
- Informational speakers
- Musical presentation
- Strong women
- Chair yoga
- Free fitness class each week
- Trips

- **Monthly Breakfast Social**

- Last Friday of each Month: 8:00 am
- Cost: Free

- **Health Days - includes blood pressure checks and Foot Care Services**

- Hours: 3rd Thursday of the month, 8:30 am - 4:00 pm
- Reservation: Call to reserve appointment
- Bring own towel
- Cost: \$15

- **Monthly Activities – Bingo, Field Trips, Trivia, Movies**

- Contact Senior Center for hours

- **Office Hours**

Monday - Friday: 8:00 am – 4:00 pm

○ **Fort Atkinson Senior Activity Center (Continued)**

• **Location**

307 Robert Street, Fort Atkinson

• **Phone Number**

(920) 397-9913

• **Email**

Senior Center Director, Chris Nye: cnye@fortatkinsonwi.net

• **Website**

https://fortparksandrec.activityreg.com/addinfo_t2.wcs?page=12_Site1.HTM

○ **Jefferson Senior Activity Center**

- **Services**

The Jefferson Senior Activity Center is a full-time, multi-purpose indoor activity center for adults age 50 and older. There are over 25 continual activities that occur weekly and monthly. These include health and wellness activities, large and small group activities, educational classes, arts and crafts, inter-generational activities, trips, senior dining, meals on wheels, special events each month and volunteering.

- **Activities**

- Luncheons
- Bingo
- Bunco
- Book Discussions
- Quilting
- Sewing, knitting, crocheting
- Foot Care
- Variety of Exercising activities
- Singing groups
- Day and extended trips
- Special events

- **Hours**

Monday – Friday: 8:00 am - 4:30 pm

- **Location**

859 Collins Road, Jefferson

- **Phone Number**

(920) 674-7728

- **Website**

<https://jeffersonwi.recdesk.com/Community/Facility/Detail?facilityId=31>

- **Facebook**

<https://www.facebook.com/pages/category/Public-Service/Jefferson-Senior-Center-1429981737238049/>

○ **Retired and Senior Volunteer Program (RSVP) of Dane County**

• **Services**

The Retired and Senior Volunteer Program (RSVP) has been offering personalized placement, matching volunteers age 55+ with community service opportunities.

Volunteer programs include:

- **Computer Buddies** – Become a pen pal with a student at the Cambridge Elementary School. Correspond by email weekly with a student. Students and volunteers learn about each other’s hobbies, interests, and families as they communicate during the school year. Open to all seniors in Cambridge Community in both Dane and Jefferson Counties as well as Deerfield. Contact Diana Jost at (608) 441-1393.
- **Community Connections** – RSVP will help connect seniors with volunteer opportunities with various organizations. Contact Jan Karst at (608) 441-7891 or jkarst@rsvpdane.org
- **Driver Services** – Help other seniors by driving to medical appointments, meal delivery, bus buddy. Contact Steve Jaeschke at (608) 441-7892 or sjaeschke@rsvpdane.org.
- **Vets Helping Vets** - RSVP’s Vets Helping Vets program builds on that natural bond by matching Veterans in need with drivers who are fellow Vets—and both parties’ benefit. Contact Lorrie Hylkema at (608) 238-7901
- **Intergenerational** – Help tutor a child. Contact Kate Seal at (608) 310-7280 or Kseal@rsvpdane.org.
- **Foster Grandparents** - Work with children in schools, Head Start Programs and community centers. Contact Paula Reif at (608) 441-7894 or preif@rsvpdane.org.
- **Triad** - From identity theft to falls in the home, RSVP’s Triad program strives to provide you with the knowledge you need to feel safer and more secure in our communities. Contact Mike Thomsen at (608) 441-7897 or thomsen@rsvpdane.org

• **Office Hours**

Monday – Friday: 8:00 am – 4:00 pm

• **Location**

6501 Watts Road, Suite 250, Madison

• **Phone Number**

(608) 238-7787

• **Email**

info@rsvpdane.org

• **Website**

<https://www.rsvpdane.org/>

- **Dane County Area Agency on Aging (AAA)**
 - **Services**
Advocates, develops, and coordinates services for older adults 60 years of age and older. AAA contracts with local agencies to provide the following services for seniors:
 - Cultural Diversity Programs
 - Evidence-based Falls Prevention
 - The Retired and Senior Volunteer Program (RSVP)
 - Medicare Seminars
 - **Office Hours**
Monday - Friday, 7:45 am to 4:30 pm
 - **Location**
2865 N. Sherman Avenue, Northside Town Center, Madison
 - **Phone Number**
(608) 240-7400
 - **Email**
AAA@countyofdane.com
 - **Website**
<https://www.dcdhs.com/Area-Agency-on-Aging>
- **Aging Disability & Resource Center (ADRC) - Dane County**
 - **Services**
The Aging and Disability Resource Center (ADRC) of Dane County provides information about resources and support on all aspects of life related to aging or living with a disability. The ADRC is a one-stop shop for older adults, people with disabilities and their caregivers and families. ADRC staff are unbiased and knowledgeable professionals who listen to your concerns, help clarify your options and direct you to appropriate resources. The ADRC is also the access point for information about long-term care options and applying for public benefits. Services provided by the ADRC are free and available to all Dane County residents regardless of income or assets.
 - **Hours**
Monday – Friday: 7:45 am - 4:30 pm
 - **Location**
Northside Town Center, 2865 N. Sherman Avenue Madison
 - **Phone Number**
(608) 240-7400

○ Aging Disability & Resource Center (ADRC) - Dane County (Continued)

- **Website**

<http://www.daneadrc.org/>

Dementia Programs

- **Services**

Are you a family caregiver for someone with dementia and need to learn more about the disease and services available? Do you have questions about how to provide care for someone with dementia? The Dementia Care Specialist with the Aging and Disability Resource Center (ADRC) of Dane County can help you with: Getting a diagnosis, Understanding a diagnosis of Alzheimer's or dementia, Understanding memory loss, and what is normal with aging, Connecting to resources, Learning strategies and coping skills Navigating the system to get the help you need.

- **Music & Memory:** Caregivers are taught to set up personalized music playlists, delivered on iPods and other digital devices, for their loved ones. These musical favorites tap deep memories.
- **Cognitive Screens:** The Dementia Care Specialist and ADRC Information & Assistance Specialists are qualified to provide cognitive screens. They can come to your home or meet somewhere comfortable for you and your family. They can answer your questions and connect you to resources.
- **Virtual Dementia Tour:** The ADRC has a license to offer the Virtual Dementia Tour for the community and local groups. This is an experience that gives participants an idea of what it is like to have dementia. This is done by altering their senses and providing tasks for them to do in a controlled setting. This has been proven to increase the understanding and empathy for those living with these types of conditions.
- **Memory Cafe:** A memory café is a meeting place for anyone who is experiencing beginning changes in memory. It can be a fun way to connect with others who are dealing with the same issues. The intent is for both the person and their family or friends to come together in a relaxed and social environment to connect with one another. Each memory café is unique as the participants are encouraged to make it their own.

Dementia Programs (Continued)

- **Caregiver Memory Kits:** Memory Kits are totes filled with themed items for caregivers of people living with dementia to create special moments, engage the brain, and help unlock memories. Kits are available at: Monona Library, Sun Prairie Colonial Club, Mt. Horeb Library, Cottage Grove Memory Café, Verona Senior Center, Waunakee Senior Center.
 - **Dementia Friendly Program:** The Dementia Care Specialist works with communities in Dane County to raise awareness about people with dementia and their needs. Libraries, city services, businesses, churches, and other organizations form coalitions to address the issues and learn better ways to serve those with dementia and their families. Improved communication helps increase compassion and promote involvement in the program. To find out about initiatives in your community
-
- **Phone Number**
Call Ellen Taylor at 608-240-7400, or by email at Taylor.Ellen@countyofdane.com
 - **Hours**
Varies, contact ADRC.
 - **Location**
Varies, contact ADRC.
 - **Cost**
Free
 - **Dementia Website**
<https://www.daneadrc.org/Dementia>

○ **Jefferson County Aging & Disability Resource Center (ADRC)**

- **Services**

The Aging & Disability Resource Center's vision is to equip, empower and engage individuals living with disabilities, seniors and their caregivers, by connecting them with the supports and services in their community while honoring their ability to make informed choices.

- **Office Hours**

Monday -Friday: 8:00 am - 4:30 pm

- **Office Location**

1541 Annex Road, Jefferson

- **Phone Number**

(920) 674-8734

- **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/index.php

- **Calendar of Events Website**

<https://www.jeffersoncountywi.gov/calendar.php#ADRC>

- **Facebook Page**

<https://www.facebook.com/JeffersonCountyWI.Gov/>

Wednesday Walks

- **Services**

The "Wednesday Walks" program offers a wonderful way to get fresh air, feel the sun, exercise, meet new people and enjoy many unique attractions in Jefferson County. Reservations are required.

- **Hours**

May through September, 3rd Wednesday of the month: 9:00 am

- **Location**

Meet at main parking lot of a local County Park. Each month is a different Park. Call ADRC or check website for dates and locations

- **Phone Number**

(920) 675-4049

○ Jefferson County Aging & Disability Resource Center (ADRC) (Continued)

- **Cost**

Free

- **Registration**

Call at least 2 days in advance to register or if you need a ride.

- **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/wednesday_walks.php

Dementia Programs

- **Services**

The Jefferson County ADRC is a Dementia Capable Organization with highly trained professional staff who provides appropriate, competent, sensitive supports to the individual with dementia and their caregivers. Dementia is a term used to describe a set of symptoms resulting from diseases such as Alzheimer's, as well as other conditions such as strokes. The damage to the brain can interfere with a person's ability to carry out daily activities. The ADRC offers evidence-based interventions that do make a difference including:

- **Music & Memory:** Bringing personalized music into the lives of individuals through digital music technology, vastly improving quality of life. Available through the ADRC and local libraries, contact the ADRC to find out more 920-674-8734.
- **Brief Cognitive Screens:** A simple non-diagnostic tool that when scored positively can be shared with your physician for further assessment, diagnosis and treatment.
- **Dementia Live:** A high impact, dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory changes.

Dementia Programs (Continued)

- **Dementia Friends:** Dementia Friends USA is part of a global movement that is challenging the way people think, act, and talk about dementia. Anyone can be a Dementia Friend- we all have a part to play in creating dementia friendly communities! A Dementia Friend is someone who, through attending an in-person session, learns about what it's like to live with dementia and then turns that understanding into action. From telling friends about the Dementia Friends program to visiting someone who is living with dementia, every action counts.
 - **Memory Cafe:** Memory Cafés are informal social gatherings for those experiencing memory loss, mild cognitive impairment, early Alzheimer's or other dementias and for their family member or care partner to join them. A Memory Café is a place to have fun, share experiences and stay socially connected. There is NO COST. They are sponsored by Bridges Library System, Aging and Disability Resource Centers, Alzheimer's Association, and the Library Memory Project.
 - **Virtual Dementia Caregiver Support Group:** every Monday and Wednesday from 10:00-11:00. Please call Tonya for the link at 920-675-4035.
- **Hours**
Varies, contact ADRC or check website and calendar of events.
 - **Location**
Varies, contact ADRC or check website and calendar of events.
 - **Phone Number**
(920) 675-4035
 - **Cost**
Free
 - **Registration**
Call at least 2 days in advance to register or if you need a ride.
 - **Dementia Website**
https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/dementia_care.php
 - **Calendar of Events Website**
<https://www.jeffersoncountywi.gov/calendar.php#ADRC>
 - **Facebook Page**
<https://www.facebook.com/JeffersonCountyWI.Gov/>

Transportation

○ **Jefferson County Aging & Disability Resource Center (ADRC) Transportation Program**

• Services

- Provides Driver/Escort Services to the elderly and persons with disabilities to get to medical appointments. This program is only available to those individuals who have no other means of transportation.
- Mobility Managers help older adults, people with disabilities and anyone facing barriers finding transportation. Mobility Managers focus on meeting individual customer needs through a wide range of transportation options and service providers.
- Medical Transportation Management (MTM) provides rides for Non-Emergency Medicaid and BadgerCare Appointments.
- Veteran's Van - The Veteran's Administration has provided Jefferson County with a van to take vets to medical appointments at the VA Medical Center in Madison. Service is available Monday-Friday and rides are scheduled on a first-come, first-served basis.

• Office Hours

Monday - Friday: 8:00 am - 4:30 pm

• Ride hours

Monday – Friday: 7 am - 6 pm

• Location

1541 Annex Road, Jefferson

• Phone numbers

To request a Driver, call (920) 674-8104

To contact Mobility Manager, call (920) 675-4049

• Cost

For ADRC Transportation Program

- A \$2.50 co-pay is requested per one way trip in county transportation.
- A \$12.50 co-pay is requested per one way trip out of county transportation.
- Those unable to pay the fares may apply for a co-payment waiver.

Cost for Veteran's Van

- Free for all Veterans

- **Volunteer**

Volunteer drivers are always needed to transport passengers to medical & agency appointments. Drivers receive mileage compensation and are eligible for trip per diems. To inquire about becoming a Volunteer Driver, please call (920) 674-8104 and ask for the Transportation Coordinator.

- **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/transportation.php

- **Area Agency on Aging of Dane County RSVP (Retired and Senior Volunteer Program)**

- **Services**

RSVP's Driver Escort Service provides rides to Dane County residents, primarily age 60 and older*, who are ambulatory and don't have access to other transportation such as car, bus, family or friends. RSVP volunteers from the local community use their own vehicles to drive seniors to medical appointments. You are eligible for the program if you:

- Are over 60 years of age
- Live in Dane County
- Live in your own home, condo or apartment
- Are not in a wheelchair
- Are not on Medicaid (i.e. BadgerCare, Medical Assistance)
- Are current on all CDC and Public Health of Madison and Dane County recommended vaccinations

- **Office Hours**

Monday-Friday: 8:00 am - 4:00 pm

- **Office Location**

6501 Watts Rd, Suite 250, Madison

- **Phone Number**

To schedule a ride, call Ginny Scholtz at (608) 441-7898

- **Email**

info@rsvpdane.org

- **Cost**

Free, but donations to support the program are gratefully accepted

- **Website**

<https://www.rsvpdane.org/programs/driver-services/passengers/>

○ **Cambridge Area Resource Team (CART)**

- **Services**

A nonprofit organization which strives to provide confidential assistance that brings together resources to our neighbors (Individuals/ Families/Elderly/Homeless) in our local Cambridge community to help meet their basic human needs. Transportation assistance is available.

- **Hours**

Variable throughout the year. If unavailable, you will be able to leave a message. Cart's outgoing message will inform you of their current hours.

- **Location**

223 Jefferson St, Cambridge

- **Phone Number**

(608) 423-1423

- **Email**

cartforhelp@gmail.com

- **Website**

<https://www.cartforhelp.org/>

Grocery Store Delivery Service

○ **Piggly Wiggly**

- **Service**

Order groceries online and have Instacart delivery. Instacart will provide assistance in placing your order, if needed, by calling the Instacart phone number below. At this time, Instacart does not accept EBT cards, Quest cards, or Food Share.

- **Location**

100 Jefferson St, Cambridge

- **Piggly Wiggly Phone Number**

(608) 423-4004

- **Instacart Phone Number**

(844) 981-3433

- **Piggly Wiggly Website (to place your order)**

<https://shopthepig.instacart.com>

- **Instacart Website (for additional information)**

<https://www.instacart.com>

- **Store Hours**

Monday - Sunday: 6:00 am - 9:00 pm

- **Instacart Help Desk Hours**

Monday - Sunday: 7:00 am - 10:00 pm

- **Online ordering Hours**

24 hours /7 days per week

- **Instacart Fees**

- Varies depending on distance from store
- Fees start at \$3.99 for same-day orders over \$35
- Fees will be reduced with a Instacart Express Membership of \$9.99/month or \$99/year

○ **Pick 'n Save**

- **Service**

Order groceries online and have Instacart delivery. Instacart will provide assistance in placing your order, if needed, by calling the Instacart phone number below. . At this time, Instacart does not accept EBT cards, Quest cards, or Food Share.

- **Location**

505 Madison Ave, Fort Atkinson

- **Pick 'n Save Phone Number**

(920) 568-2603

- **Instacart Phone Number**

(844) 981-3433

- **Pick 'n Save Website (to place your order)**

<https://www.picknsave.com/>

- **Instacart Website (for additional information)**

<https://www.instacart.com>

- **Store Hours**

Monday - Sunday: 6:00 am - 10:00 pm

- **Instacart Help Desk Hours**

Monday - Sunday: 7:00 am - 10:00 pm

- **Online ordering Hours**

24 hours /7 days per week

- **Instacart Fees**

- Varies depending on distance from store
- Fees start at \$3.99 for same-day orders over \$35
- Fees will be reduced with a Instacart Express Membership of \$9.99/month or \$99/year

Benefit Specialist Programs

○ **Area Agency on Aging of Dane County Elder Benefit Specialists Program**

- **Services**

The Elder Benefit Specialist Program provides information, assistance, research, and advocacy regarding public and private benefit programs, legal rights, and legal procedure to adults age 60+. EBS staff engage in a wide variety of services including: providing information on program eligibility criteria; assisting with applications for public benefits; appealing application denials, terminations or reductions in benefits; conducting initial reviews of agency decisions; and advocating at administrative appeals level regarding Medicare, Medicare Advantage, FoodShare, private insurance, pharmacy or drug coverage, social security, Medicaid Disability, and debt collection.

- **Hours**

Monday – Friday: 7:45 am - 4:30 pm

- **Location**

Northside Town Center, 2865 N. Sherman Avenue, Madison

- **Phone Number**

(608) 240-7400

- **Email**

aaa@countyofdane.com

- **Website**

<https://www.dcdhs.com/Disability-and-Aging/Senior-Services/Elder-Benefit-Specialist-Program>

○ **Jefferson County Aging and Disability Resource Center (ADRC)
Elder Benefit Specialists Program**

• **Services**

The Elder Benefit Specialist assists people 60 and older who are encountering problems with private or government benefit programs. They are highly knowledgeable in the following areas: Medicare, Food Share, Social Security Disability, Supplemental Security Income (SSI), SeniorCare and Medical Assistance. Benefit Specialists are trained and guided by attorneys who specialize in elder and disability benefits law. They are often called "the red tape cutters", and their mission is to help people figure out what benefits they are entitled to and what they must do to receive them. A Benefit Specialist is an advocate who can act on behalf of an individual with other parties involved. Many of the benefits issues faced by seniors and people with disabilities can be very complex. A phone conversation can oftentimes be sufficient to provide information and guidance.

• **Office Hours**

Monday – Friday: 8:00 am - 4:30 pm

• **Location**

1541 Annex Road, Jefferson

• **Phone Number**

(920) 674-8734

• **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/elder_benefits_specialist.php

Social Work Services

○ **Aging Disability & Resource Center (ADRC) - Dane County**

• **Services**

- Adaptive equipment
- Assisted living/nursing home
- Benefits like social security, medicare, and medicaid
- Caregiver support
- Dementia Care
- Employment programs
- Financial aid
- Health and wellness
- Housing options
- In-home personal care
- Meals and nutrition programs
- Prescription drug coverage
- Rental and energy assistance
- Respite care
- Support groups
- Transportation

• **Hours**

Monday – Friday: 7:45 am - 4:30 pm

• **Location**

Northside Town Center, 2865 N. Sherman Avenue Madison

• **Phone Number**

(608) 240-7400

• **Website**

<http://www.daneadrc.org/>

○ **Aging Disability & Resource Center (ADRC) - Jefferson County**

• **Services**

- Abuse of Elders or Adults-at-Risk
- Access to Family Care, Partnership and IRIS (Include, Respect, I Self Direct)
- ADRC Supporting Veterans
- Assisted Living
- Caregiver Support
- Dementia Care
- Disability Benefit Specialist
- Elder Benefit Specialist
- Emergency Preparedness
- Low Income Housing
- Nursing Homes
- Options Counseling
- Safe Swallowing Training and Information
- Senior Dining & Home Delivered Meals
- Transportation
- Video Library
- Wednesday Walks
- Virtual Workshops

• **Hours**

Monday – Friday: 7:45 am - 4:30 pm

• **Location**

1541 Annex Road, Jefferson

• **Phone Number**

(920) 674-8734

• **Website**

https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/index.php

○ **McFarland Senior Outreach (For both Dane and Jefferson County Residents)**

• **Services**

- Nutrition Services
- Transport Services
- Foot care clinic
- Loan Closet
- Education, health & wellness

• **Location**

5915 Milwaukee Street, McFarland

• **Phone Number**

(608) 838-7117

• **Hours**

Monday – Friday: 8:00 am - 4:30 pm

• **Website**

<https://www.mcfarland.wi.us/242/Senior-Outreach>

○ **Care Wisconsin – Dane County**

• **Services**

Offers family care, partnership opportunities, Medicaid and Medicare education and attainment resources. Includes an Aging and Disability resource center.

• **Location**

1617 Sherman Avenue, Madison

• **Phone Number**

(608)240-0020

• **Hours**

Monday – Friday: 8:00 am - 4:30 pm

• **Website**

https://mychoicewi.org/contact/locations/?wpv_post_search=dane&wpv_aux_current_post_id=803&wpv_aux_parent_post_id=803&wpv_view_count=870

○ **Care Wisconsin – Jefferson County**

• **Services**

Offers family care, partnership opportunities, Medicaid and Medicare education and attainment resources. Includes an Aging and Disability resource center.

• **Location**

37 S Water Street E, Fort Atkinson

• **Phone Number**

(920) 568-5806

• **Hours**

Monday – Friday: 8:00 am - 4:30 pm

• **Website**

https://mychoicewi.org/contact/locations/?wpv_post_search=jefferson&wpv_aux_current_post_id=803&wpv_aux_parent_post_id=803&wpv_view_count=870

○ **211 – United Way**

• **Services**

211 connects you with thousands of nonprofit and government services in your area. If you want personal assistance call the three-digit number 211 or 877-947-2211. A friendly voice to talk with you 24/7/365.

• **Location**

2059 Atwood Avenue, Madison

• **Phone Number**

211 or (877) 947-2211

• **Hours**

24 hours/7 days per week/365 days per year

• **Website**

<https://211wisconsin.communityos.org/>

Food Pantries and Services

○ **Cambridge Food Pantry and Resource Center**

- **Services**

The Food Pantry provides food assistance, resources, and emergency aid to residents of the Cambridge School District.

- **Shopping Hours**

Every Wednesday: 4:00 pm - 6:30 pm

- **Staffing Hours**

Hours vary, leave a message if no one is available to answer your call.

- **Location**

Nikolay Middle School, Lower Level at 211 South St, Cambridge

- **Phone Number**

(608) 423-8142

- **Email**

foodpantry@cambridge.k12.wi.us

- **Reservation**

By appointment only. Call or email.

- **Website**

<https://cambridgecap.net/programs/nutrition/food-pantry/>

○ **Supplemental Nutrition Assistance Program (SNAP) through FoodShare Wisconsin**

• **Service**

SNAP provides benefits to qualified households through electronic cards that enable them to buy nutritious food at participating stores. Components of this program are targeted at low-income seniors in need of nutritional assistance. Stamps and debit cards are given that are used to buy products such as dairy, breads, and meats. This program is for all qualified Wisconsin residents.

• **Hours**

Monday - Wednesday: 8:00 am – 4:00 pm

Thursday: 9:30 am - 11:30 am

Friday: 8:00 am – 4:00 pm

• **Location**

1819 Aberg Ave. Madison

• **Phone Number**

(888) 794-5556

• **Website**

<https://www.dhs.wisconsin.gov/foodshare/index.htm>

Clothing/Furniture

○ **Cambridge Area Resource Team (CART)**

- **Services**

Cambridge Area Resource Team, also known in the community as "CART," strives to provide confidential assistance that brings together resources to our neighbors (Individuals/Families/Elderly/Homeless) in our local Cambridge community to help meet their basic human needs. Furniture such as beds, clothes, appliances, cribs, and more. Items are available from the Treasure Room.

- **Hours**

Variable throughout the year. If unavailable, you will be able to leave a message. Cart's outgoing message will inform you of their current hours.

- **Location**

223 Jefferson St. Cambridge

- **Phone Number**

(608) 423-1423

- **Email**

cartforhelp@gmail.com

- **Website**

<https://www.cartforhelp.org/>

Veterans Services

○ **Dane County Veteran's Services**

- **Services**

Assist Dane County veterans and their families with obtaining local, state, and federal veterans benefit, provide help determining benefit eligibility or support in completing an application. The Dane County Veterans Service Office is committed to customer service and advocacy as veterans seek out eligible benefit entitlements.

- **Hours**

Customer Service Hours: Monday, Tuesday, Thursday, Friday: 9:00 am - 4:00 pm

Walk-In (No Appointment necessary): Wednesday: 9:00 am - 4:00 pm

- **Appointments**

Recommended

- **Location**

1709 Aberg Avenue, Suite 2, Madison

- **Phone Number**

(608) 266-4158

- **Website**

<https://www.danevets.com/>

○ **Jefferson County Veteran's Service Office**

- **Services**

All Jefferson County resident veterans and their dependents may receive assistance through the Veterans' Service office. This office provides information and processes applications for both state and federal benefits such as disability compensation, non-service connected pension, vocational training, educational programs, insurance, domiciliary care and burial benefits. We also help veterans with enrollment in the VA healthcare system and further assist as personal advocates if the veteran is experiencing difficulty accessing care or resources within the system. provide

- **Hours**

Monday – Friday: 8:00 am - 4:30 pm

- **Location**

Courthouse, Room 207 311 S. Center Avenue, Jefferson

- **Phone Number**

(920) 674-7240

- **Website**

https://www.jeffersoncountywi.gov/departments/veterans_s_service/index.php

Healthcare

○ **Rock River Community Clinic – Jefferson Location for Medical Care**

- **Services**

The mission of the Rock River Community Clinic is to provide access to free comprehensive medical care services through volunteer health professionals dedicated to caring for low income and uninsured individuals. Comprehensive Medical Care services include:

- Primary, preventive and some specialty care for adults and children
- Orthopedics
- Gynecology
- Podiatry
- Care for chronic diseases, including Diabetes, Asthma and other chronic diseases
- Diagnostic and laboratory services

- **Hours**

4th Thursday of the month: 8:00 am -5:00 pm

- **Location**

1541 Annex Road, Jefferson

- **Phone Number**

(262) 472-6839

- **Website**

<https://rockrivercommunityclinic.com/services/medical-care/>

○ **Rock River Community Clinic - Fort Atkinson Location for Dental Care**

- **Services**

The main goal of the clinic is to increase access to dental care for children and adults with limited financial resources. Patients at this DENTAL clinic pay a minimal co-pay based on income level. Dental Clinic currently accepts uninsured, low income and Medicaid patients who qualify within our percentages of the federal poverty level. Financial Screening required at all clinics prior to service. Services include:

- Dental exams
- X-rays
- Cleanings
- Fillings

○ **Rock River Community Clinic - Fort Atkinson Location for Dental Care (Continued)**

- Root Canals
- Oral Surgery
- Damaged Teeth
- Wisdom Teeth
- Oral Health Education

• **Hours**

Monday - Thursday: 8:00 am – 4:00 pm

• **Location**

520 Handeyside Lane, Fort Atkinson

• **Phone Number**

(920) 563-4372

• **Website**

<https://rockrivercommunityclinic.com/services/medical-care/>

- **Access Community Health Center**

- **Services**

This clinic operates under a SLIDING SCALE model. This means that it MAY NOT be free depending on your income. You will be required to prove financial need in order to receive free services or services at a reduced cost. The center is also income based for those making an income. This health center can cover services such as checkups, treatment, immunizations, prescription medicine and mental and substance abuse where applicable. Contact them at the number provided for full details. Access Community Health Center is a Community Health Center. Primary, preventive and some specialty care.

- **Hours**

- **Medical Clinic Hours**
Monday: 8:00 am - 7:00 pm
Tuesday - Friday: 8:00 am - 5:00 pm
- **Dental Clinic Hours**
Monday - Thursday: 7:00 am - 6:00 pm
Friday: 7:00 am - 5:00 pm

- **Location**

3434 E. Washington Avenue, Madison

- **Phone Number**

(608) 443-5480

- **Website**

<https://www.freeclinics.com/det/wi> Access Community Health Center

- **Foot Care through McFarland Senior Outreach (For Dane and Jefferson Counties)**

- **Services**

McFarland Senior Outreach coordinates with Artistic Salon & Spa and the Stoughton Health Community Health and Wellness Center to offer foot care options at discounted rates to older adults (age 60 and over) in the community. Consumers with diabetes or open wounds should contact a medical doctor to schedule an appointment in a clinical setting. This service is not billed to Medicare, Medicaid or Private Insurance. If you need assistance with the cost of service, please reach out to McFarland Senior Outreach for funding through the McFarland Outreach Endowment Grant.

- **McFarland Senior Outreach Website**

<https://wi-mcfarland.civicplus.com/249/Foot-Care>

Stoughton Health Community Health and Wellness Center

- **Hours**

Tuesdays and Wednesdays, 1:00 pm – 4:30 pm

- **Location**

3162 County Highway B, Stoughton

- **Phone No.**

(608)873-2332 to schedule an appointment.

- **Cost**

\$25

- **Website**

<https://stoughtonhealth.com/chwc/>

○ **Foot Care through McFarland Senior Outreach (Continued)**

Artistic Salon & Spa

- **Hours**

Tuesday, Thursday, 11:00 pm – 7:00 pm

Friday, 9:00 am – 3:00 pm

Saturday, 9:00 am - Noon

- **Location**

5915 Exchange Street, McFarland

- **Phone No.**

(608)838-7117 to schedule an appointment

- **Cost**

McFarland Senior Outreach Rates: \$15 - \$25

- **Website**

<https://sites.google.com/site/artisticsalonandspamcfarland/location-hours-and-contact-us>

- **Facebook Page**

<https://www.facebook.com/ArtisticSalonAndSpaMcFarland/>

○ **Medical Loan Closet**

- **Services**

McFarland Senior Outreach provides a medical loan closet for short term use for Dane County Residents. Items include bath seats and transfer benches, bed rails, commodes, standard and transport wheelchairs, toilet rails, walkers, knee scooters and other miscellaneous items. Items are available to check out with a suggested donation of \$5.00 per item. Please call ahead to check the availability of items and to schedule an appointment to pick up from the McFarland Municipal Center.

- **Hours**

Monday - Friday, 8:00 am – 4:30 pm

- **Location**

McFarland Municipal Center, 5915 Milwaukee St., McFarland

- **Phone Number**

(608) 838-7117

- **Website**

<https://www.mcfarland.wi.us/250/Loan-Closet>

Mental Health Services

○ **Jefferson County Human Services – Outpatient and Emergency Mental Health Services**

- **Services**

If you are a Jefferson County resident looking for outpatient mental health or addiction treatment, you may access services by calling 920-674-3105 and asking to speak to someone about starting treatment. Staff will assist you in navigating “open access” or same day access to treatment.

For emergency services, a coordinated system of mental health services provides an immediate response to assist a person experiencing a mental health crisis. For individuals who are a Jefferson County resident looking for outpatient mental health or addiction treatment. No one will be denied access to services due to an inability to pay. A discounted/sliding fee schedule is available. 24-Hours Per Day And 7-Days Per Week Services include: Telephone Services, Short-Term Voluntary or Involuntary Hospital Care, Mobile Services, Short term Stabilization other than hospitalization, and Coordination of care.

- **Hours**

- Monday - Friday, 7:30 am-5:30 pm: Ask for the mental health intake worker.
- Other times: Follow the automated prompts on phone number to reach the after-hours intake worker.
- Walk-In Services: Monday-Friday: 7:30 am-5:30 pm excluding holidays.

- **Location**

1541 Annex Road, Jefferson

- **Phone Number**

920-674-3105

- **Website**

Treatment for mental health, alcohol, drug, and other addictions

https://www.jeffersoncountywi.gov/departments/human_services/treatment_for_mental_health_alcohol_drugs/index.php

Emergency mental health services

[https://www.jeffersoncountywi.gov/departments/human_services/department_services/emergency_mental_health_\(emh\)/index.php](https://www.jeffersoncountywi.gov/departments/human_services/department_services/emergency_mental_health_(emh)/index.php)

○ **Dane County Human Services**

- **Services**

DCDHS offers and funds a wide variety of services to meet the needs of individuals that experience challenges related to mental health and substance use disorders. Services offered include counseling, medication management, crisis intervention, peer support, residential services, vocational support, and case management.

The Behavioral Health Resource Center (BHRC) is a resource center available to help any Dane County resident navigate mental health and substance abuse services and supports in Dane County. The BHRC offers information and assistance to all residents despite insurance status, financial status, age, identity, ability, or legal status.

- **Hours**

Monday – Friday: 7:45 am - 4:30 pm

- **Location**

1202 Northport Drive, Madison

- **Phone Number**

(608) 242-6200

- **Phone Number 24-Hour Crisis Intervention**

(608) 280-2600 Note: Crisis intervention is provided through the Emergency Services Unit at Journey Mental Health Center.

- **Website**

<https://www.danecountyhumanservices.org/Behavioral-Health>

○ **Crisis Intervention**

- 24-Hour Dane County Mental Health Crisis Line
(608) 280-2600
- 24-Hour Jefferson County Mental Health Crisis Line
(920) 674-3105
- Dane County Adult/Elder Abuse
(608) 261-9933
- Jefferson County Adult/Elder Abuse
(920) 674-3105
- Suicide Prevention Lifeline
(800) 273-TALK or (800) SUICIDE
- Alcohol and Drug Helpline
(800) 821-4357
- Alcohol Hotline
(800) 331-2900
- Alcohol Treatment Referral Hotline
(800) 252-6465
- National Institute on Drug Abuse Hotline
(800) 662-4357
- Cocaine Anonymous
(800) 347-8998
- National Helpline for Substance Abuse
(800) 262-2463
- Veteran Crisis Line
(800) 273-8255
- National Domestic Violence Hotline:
(800) 799-7233

Housing/Assisted Living Information

○ **Our House Senior Living**

- **Location**
201 W. Madison Street, Cambridge
- **Phone Number**
(608) 423-9961
- **Website**
<https://ourhousesl.com/>

○ **Home Again Cambridge**

- **Location**
308 England Street, Cambridge
- **Phone Number**
(608) 423-9333
- **Email**
lauren@homeagainliving.com
- **Website**
<https://homeagainliving.com/>

○ **London Lodge**

- **Location**
W9095 London Rd., Cambridge
- **Phone**
(920) 648-3171
- **Email**
london.lodge@yahoo.com
- **Website**
<https://www.londonlodgeassistedliving.com/>

○ **Autumn Winds**

- **Location**
N3767 Airport Rd., Cambridge
- **Phone Number**
(608) 423-9300
- **Email**
autumnwindsofoakland@gmail.com
- **Website**
<https://www.autumn-winds.com/>

○ **Assisted Living information at Jefferson County ADRC**

- **Services**
Whether you are looking for the security of a facility now, or want to stay in the comfort of your home a while longer, the ADRC can help you learn about the choices that are available and guide you as you consider all your options. Before you apply for admission to a facility, consultation is available from the ADRC. Talking to professionals at an ADRC provide answers to vital questions such as: Your Needs and Preferences, Care Options Available, Facilities and Service Providers, Factors to Consider and Compare, and Paying for Long-Term Care.
- **Hours**
Monday – Friday: 8:00 am - 4:30 pm
- **Location**
1541 Annex Road, Jefferson
- **Phone Number**
(920) 674-8734
- **Website**
https://www.jeffersoncountyi.gov/departments/human_services/aging_and_disability_resource_center/assisted_living.php

○ **Assisted Living information at Dane County ADRC**

- **Services**

The ADRC provides: Information about the choices you have when making decisions about where to live, what kind of help you need, where to receive that care and help, and how to pay for it; One-on-one consultation to help you think through the pros and cons of the various options. The ADRC can complete an assessment to determine if you will be eligible for public funding for your long-term care.

- **Hours**

Monday – Friday: 8:00 am - 4:30 pm

- **Location**

Northside Town Center, 2865 N. Sherman Avenue Madison

- **Phone Number**

(608) 240-7400

- **Website**

<http://www.daneadrc.org/>

Energy Assistance

○ **WI Home Energy Assistance Program (WHEAP)**

• Services

Help to pay heating and electrical bills and energy crisis situations.

• **Heating Assistance**

WHEAP assistance is a one-time payment during the heating season. The funding pays a portion of the heating costs, but the payment is not intended to cover the entire cost of heating a residence. The amount of the energy assistance benefit varies depending on a variety of factors, including the household's size, income, and energy costs. In most cases the energy assistance benefit is paid directly to the household energy supplier.

• **Electric Assistance**

WHEAP electric (non-heating) assistance is a one-time benefit payment during the heating season. The funding pays a portion of the household's electrical (non-heating) costs, but the payment is not intended to cover the entire cost of the non-heating costs. The amount of the non-heating assistance benefit varies depending on a variety of factors, including the household's size, income, and non-heating costs. In most cases the non-heating assistance benefit is paid directly to the household energy supplier.

• **Crisis Assistance**

A household may be eligible for crisis assistance if you are experiencing an energy emergency. Crisis assistance is available through local WHEAP agencies that provide a 24-hour crisis phone number to help with emergencies that occur after business hours. Crisis assistance is intended to provide-emergency and/or preventative services to assist eligible households experiencing an energy emergency. Non-emergency or preventative crisis services are also available and include providing information on how to reduce fuel costs, counseling on budgeting and money management, providing payments to a fuel supplier, and co-pay agreements.

• **Furnace Assistance**

WHEAP emergency heating system assistance can provide services to eligible homeowners if the furnace or boiler stops operating during the heating season. Heating system assistance includes payment for repairs, or in some situations your residence may qualify for a total replacement of a non-operating furnace or boiler. Call the local energy assistance office immediately if you are experiencing a no heat situation.

○ **WI Home Energy Assistance Program (WHEAP) (Continued)**

• **Phone Number**

For Jefferson County Assistance: (920) 568-0604 or 1-800-506-5596

Directly to WHEAP: 1-866-HEATWIS (432-8947)

• **Email**

HEAT@Wisconsin.gov

• **Jefferson County Location**

402 Madison Avenue, Fort Atkinson

• **Website**

<https://energyandhousing.wi.gov/Pages/Home.aspx>

• **Apply online**

<https://energybenefit.wi.gov/>

Phone/Fax Services

○ **Cambridge Community Library**

- **Services**
Wifi, fax, and printing capabilities available
- **Hours**
Monday, Tuesday, Wednesday: 10:00 am – 6:00 pm
Thursday: Noon – 8:00 pm
Friday: 10:00 am to 5:00 pm
Saturday: 9:00 am to Noon
- **Location**
101 Spring Water Alley, Cambridge
- **Phone Number**
(608) 423-3900
- **Email**
camlibmail@gmail.com
- **Website**
<https://www.cambridgelib.org/>

○ **United States Postal Service (USPS) - Cambridge Post Office**

- **Services**
Faxing and printing capabilities available
- **Hours**
Monday – Friday: 8:00 am - 1:00 pm, 2:00 pm - 4:30 pm
Saturday: 9:00 am - 11:00 am
- **Location**
107 Park St, Cambridge
- **Phone Number**
(608) 423-7315
- **Website**
<https://tools.usps.com/find-location.htm?location=1356709>

Emergency Phone Numbers

- **9-1-1 is the Emergency number for emergency law enforcement and EMS services.**
- **Poison Control - (800) 222-1222**

- **Non-Emergency Numbers**
 - **Cambridge**
 - Cambridge Police Department - (608) 423-4328
 - Cambridge Fire Department - (608) 423-2014
 - Cambridge Area EMS - (608) 423-3511

 - **Deerfield**
 - Deerfield Police Department - (608) 764-5626
 - Deerfield Fire Department - (608) 764-5343
 - Deer-Grove EMS - (608) 764-5313

 - **Dane County**
 - Dane County Sheriff's Office - (608) 284-6800
 - Dane County Sheriff's Dispatch - (608) 255-2345

 - **Jefferson County**
 - Jefferson County Sheriff's Office - (920) 674-7310