

## **CAP Directors Report**

*November 2022*

### **Adult Athletics**

Current:

- Jazzercise, pickleball and men's open gym continue with great participation.

Upcoming:

- Martin has met with a yoga instructor and we will be offering a new class in January.
- Martin is working on bringing back adult coed volleyball.

### **Adult Enrichment**

Current:

- The November 16 senior luncheon took place at the Amundson Community Center. The theme of the luncheon was "Friendsgiving".

### **Aquatics**

Current:

- Blue Fins had their first meet of the season and all of them swam great.

Upcoming:

- Blue Fins first meet against another team is on December 2nd. We will be running a Lifeguarding Class December 16th through the 18th. We had to cancel the last one due to low numbers, hopefully we will have more interest this time. There is a new aquatics fitness class starting called Aqua Energy, it's a new variation of Aquasize that's a bit more upbeat.

### **CAP CARE & Preschool**

Current:

- CAP CARE had their YoungStar environment rating evaluation. During this time two out of three classrooms were observed. This evaluation is a full day and a very detailed and thorough evaluation. The results of this evaluation will be ready in the middle of December and will include a follow-up meeting with the evaluator.

### **Community Café**

Current:

- Guests were served Italian pasta dinner prepared by Tony Buonincontro. The meal was sponsored by Grace Lutheran.

### **Food Pantry**

Current:

- The Cambridge Food Pantry served a total of 50 unique households.
- The food pantry distributed 63 Thanksgiving baskets in November.

### **Ripley Park**

Current:

- The holiday lights are set up and on. Heather has purchased more extension cords and lights to try to add more.

### **Special Events**

Upcoming:

- Christmas Gala: Mandy is busy planning and organizing for the events for the first ever Gala.
- Breakfast with Santa: Planning for Breakfast with Santa has begun. We are planning on returning to eating onsite this year. We are making small modifications to the layout and pre registration numbers are high at 256.

### **Youth Athletics**

Current:

- Girls basketball continues and we have hosted the 4th grade group in November

Upcoming:

- Martin is getting things ready and hosted a coaches meeting for the boys basketball season

### **Youth Center**

Current:

- Daily average of 24 students for the month of November
- Hosted a Nerf Wars After Hours event with 17 participants

### **Youth Enrichment**

Current:

- Most current classes will be wrapping up in December
- The First® LEGO® Challenge team completed their 15 mission builds and began to build and program their robot

Upcoming:

- The winter classes are scheduled and Brick Builders Catapults will start in December and we added a Mad Scientist class in January

### **New Hires**

Nevenah Noh - Youth Center

Emma Volla - Youth Center

Brian Frohmader - Official

Respectfully Submitted,

Jordan Nichols, Executive Director