

CAP Directors Report

January 2020

Adult Athletics

Pilates and Jazzercise continue to run smoothly throughout the month of January. Endure Boot Camp began a new session with 12 participants registered and 2-3 drop ins attending each week. The Grand Re-Opening of the Fitness Center was a success with 52 members registered at the start of the year!

Adult Enrichment

Julie Woletz continues to run the Ladies Day Away event which takes place monthly. This program allows participants to come together to work on DIY projects. On January 18, CAP hosted the Women's Self Defense course at the Nikolay Middle School. 14 participants attended including 7 middle school aged girls.

Aquatics

22 members renewed or purchased passes/memberships in the month of January. CES PE held their swimming unit January 6 – 24. It consisted of 2 weeks of swim lessons followed by 1 week of kayaking. CHS boys swim hosted a home meet on January 16. The Blue Fins hosted a tri-meet on January 25 with close to 150 swimmers.

CAP CARE

In January CAP CARE rolled out their new professional development pay scale system. This new system will give teachers small monetary increases for specific course work they take. Each course is worth a different amount depending on how it will help CAP CARE in the Youngstar rating. Jen and Meghan completed the Wisconsin Model Early Learning Standards class as well.

The Hero Dance is just two weeks away. All the teachers and children are very excited and making fun Luau crafts and decorations for the event. This year CAP CARE will be having face painting, lei making, and even teaching our guests how to dance a hula dance!

There are currently have 14 students on the waiting list for before and after school and 15 for the 4K interest list for the 2020-2021 school year. CAP CARE was also able to accept 2 children in January for the morning who had just transferred into the district.

Community Café

The Community Cafe was hosted by the Cambridge Lion's Club in January and served 200 individuals a wonderful dinner of vegetable stew, mashed potatoes and dessert.

Food Pantry

The Food Pantry served 117 households to which included 196 adults and 84 children in the month of January. 95 Blue Jay Backpacks were handed out in January as well. Nancy announced her retirement from the Food Pantry effective in early April. Nancy will be greatly missed.

Seniors

On January 24 seniors enjoyed a lunch of roast beef, mashed potatoes, and veggies while playing Bingo at the senior luncheon.

Youth Athletics

January kicked off the Lil' Jays Boys Basketball season which ended up with 2 great host dates. FUNdamentals finished in the middle of the month, raising over \$700 for the CHS girls' basketball team.

Youth Center

In the month of January 85 different kids attended the youth center. This month's DIY projects were homemade fortune cookies and candles. Both went over very well and the kids really enjoyed picking out their favorite scent for their candle. We also welcomed Abby Stinner to the staff this month. Abby mainly works at Cap Care but has worked for CAP at the pool and Ripley Park. She has been a great addition and will be at the Youth Center on Fridays.

Youth Enrichment

The January Parent's Night Out had 10 participants attend. Drum Set Studies continues to run and STEM for Kids continues to run strong with 9 kids.

Other Information

CAP participated in the Cambridge Wellness Collaborative's annual Health & Wellness Expo. Jordan took the lead on organizing this event to which was very successful. The expo had just under 200 people attend with 29 vendors representing Cambridge.

New Hires

Frohman, Brian – Youth Athletics
Seidl, Bradley – Youth Athletics
Sorvick, Karl – Youth Athletics

Respectfully Submitted,
Lesli Rumpf, Executive Director