CAP Directors Report

April 2020

Please note all programs were suspended as of March 16, 2020 due to COVID19

Adult Athletics

All adult athletics (group fitness and the fitness center) programs have been suspended until further notice. There has been a lot of discussion regarding the possibility of still hosting the Lake Ripley Ride and Try Cambridge Tri this summer. At this point a decision will be made by June 1 regarding the Lake Ripley Ride and July 1 for the Try Cambridge Tri.

Adult Enrichment

All adult enrichment programs have been suspended until further notice.

Aquatics

Kathryn has been attending an ample number of online meetings, webinars and collaborating with other Aquatics Directors across the country. In April, the Cambridge Pool hosted a "Guess That Close-Up" game on their Facebook page. Additionally, the Cambridge Pool's resident CPR manikin, Manny, has been keeping folks updated on the happenings at the pool during the shutdown from the pool vacuum findings to inviting patrons to send their favorite pool staffer a note, letter or drawing. So far pool staffers have received 4 letters from patrons, and we've written them all back!

Kathryn and the pool staff are switching focus in May to water safety as May is National Water Safety Month. On top of sharing kid friendly water safety videos on Facebook, the pool is hosting a FREE online class (via the American Red Cross) "Water Safety for Parents" class. It's all online and takes about 20 minutes to complete. Link: https://www.redcross.org/take-a-class/classes/water-safety-for-parents-and-caregivers/a6R3o000012oT8.html - once parents/caregivers/babysitters complete it, we're asking they email Kathryn and let her know! Kathryn will send a Cambridge Pool personalized certificate to each of those who complete it.

Can't forget the CAP Nailed It challenge - Kathryn is heading up the challenge which has a water safety theme. The challenge runs May 11 - May 25 and is open to anyone 18 and over. In the popular Netflix show "Nailed It!" amateur bakers must bake and decorate a cake as close to likeness as the one provided by the show. The rules have been adapted slightly for the CAP version, but it should be fun to see the entries!

Tune into the pool Facebook page to see the other fun things the lifeguards and staff are working on this month from photo collages to a 'pass the whistle' challenge. There will be something new every week!

CAP CARE

In April, CAP CARE continued virtual programming for our families. The team continued to read stories online, share activity videos and even did some teacher updates for the children. Miss Kristen created a private First Friends Facebook page where she was able to continue her programing online for the 3-4 year old friends and keep those families engaged as well.

Mandy continued to deliver school lunches on Mondays and Wednesdays delivering approximately 160 lunches in the month of April. She also continued to work at the food pantry weekly unloading trucks, preparing food for customers and handing out food on Monday nights.

Mandy also reached out to families with a needs assessment at the beginning of April to get a feel for what tier (according to the Safer at Home orders) each family fell into. She also used that opportunity to communicate with the families to see how they are doing during this time and if there was anything that our programs could do for them.

Around the middle of the month, Mandy also began preparing documents and protocols for what reopening CAP CARE would look like and how opening the center could be done keeping all staff, children and families safe. She attended many zoom meetings and webinars with other programs like CAP CARE.

Community Café

The Community Café was unable to be held in April due to COVID19.

Food Pantry

The Food Pantry served 99 households to which included 233 adults and 69 children in the month of April. The Food Pantry continues to utilize the drive-up/pick up procedure established last month. Clients with additional needs or requests have been reaching out to the Food Pantry via email or phone calls. Donations continue to pour in, including several sizable donations, and the Food Pantry donation bins outside both the middle school and district office continue to fill on a regular basis. Discussion has begun on initiating a new Blue Jay Backpack program for the students during the current crisis. Planning for the Food Pantry move to the new location has begun.

Seniors

All senior programming has been suspended until further notice. Jordan mailed out postcards to all the seniors who normally attend the luncheons wishing them well.

Youth Athletics

All youth athletics programs have been suspended until further notice. Adam has spent a significant amount of time communicating with other recreation departments, attending virtual meetings, and reviewing guidelines concerning the safety of operating youth sports this summer. Decisions will be made at the end of May regarding the potential of running youth sports this summer.

Youth Center

The Youth Center did not operate in the month of April.

Youth Enrichment

Both Children's Karate and the STEM for Kids programs have been posting fun, interactive videos for students to stay engaged. Lesli is working with Sensei Bolton to potentially set up a virtual Karate camp during the summer months. Also, the STEM for Kids instructors are working on developing some online camps as well.

Other Information

In April, CAP held the Cake Wars online challenge which encouraged kids (of different age groups) to bake their own cakes. CAP had over 25 have participants and the program was very well received. The second online challenge in April was the Trick Shot challenge. According to one of the participants this

program was a great fun for the entire family and kept them engaged for hours. Adam Hosey did a great job overseeing the challenge and created an awesome marketing video to announce the winners.

New Hires

none

Respectfully Submitted, Lesli Rumpf, Executive Director